

# Lighten Your Load 8

**LAWFEARS**

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- **We are created in the image and likeness of God. This makes us very complex beings with a complex thought process. *Gen. 1:26 And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.***
- **As we live and go through things, our hearts create our self-image that is projected to others through our actions. Our hearts will always show who we really are. *Prov. 4:23 Keep thy heart with all diligence; for out of it are the issues of life.***
- **No other being on earth can do what humans can do. Our lives can be damaged and yet God's power can fix us. This occurrence is unique only to mankind. *Psa. 139:14 I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well.***



- **As we mature, we begin to learn how to hide things that trouble us. Denial sets in and makes us attempt to project a facade rather than our true self. *James 1:26 If any man among you seem to be religious, and bridleth not his tongue, but deceiveth his own heart, this man's religion is vain.***
- **This practice is dangerous because when we see ourselves as something we are not, we begin to develop false and grandiose expectations. This creates issues with how we receive from God and how our lives unfold. *Gal. 6:3 For if a man think himself to be something, when he is nothing, he deceiveth himself.***
- **So many people feel they aren't being blessed or they aren't getting a fair chance but the issue is deep within. They are not seeing who they really are so they are not praying the right prayers. *James 1:6 But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed.***



- When we build our lives on top of unresolved issues, we are risking an utter undoing of our lives. Our progress will be halted and we will be forced to peel back all the layers of inconsistencies. *Prov. 16:18 Pride goeth before destruction, and an haughty spirit before a fall.*
- Confronting the real person beneath the layers is essential in being who God desires us to be. He desires to work on us so that we can pray to Him and live for Him without delusion and compromise. *James 5:16 Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.*
- Layers get heavy and they begin to weigh us down. Even when we accomplish some of our goals, the heaviness of the things we are hiding, diminishes the joy of those achievements. *Prov. 16:25 There is a way that seemeth right unto a man, but the end thereof are the ways of death.*



**SUMMARY**

**Experiencing distress and dysfunction in our upbringing will always alter our self-perception. We begin to make promises as a child to do things differently than what we experienced and instead of dealing with the pain, we deflect the pain by striving to beat it. Deflection creates layer upon layer of us trying to cover it up and pretend we are something that we are not. Although we may attempt to promote the image that we desire to be, the true self will always shine through. It will always be infused in the circumstances around us. There are millionaires that have achieved great worldly prominence, but privately they are hurting and abusing substances to conceal who they really are. Even though we see their money and prestige, we also see the inconsistencies and their true self-image unveiled before our eyes.**

**It is impossible to hide who you really are. This is why it's important to deal with what you went through and own up to how it affected you. If you refuse to deal with yourself, you will live in regret and have a bad track record that exposes your internal struggles. You may feel you are getting over or fooling people into accepting your false self-projection, but people know that you have issues because your decision making is marred by them. We must peel back the layers of issues that trouble us and deal with our true inner self. Allowing God access to this area is the only way to get things fixed. Consequently, when we avoid these issues, we avoid God's plan for us. After all, how can we follow His plan for us, if we are not who we say we are?**

***James 1:22 But be ye doers of the word, and not hearers only, deceiving your own selves.***

***James 1:23 For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass:***

***James 1:24 For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was.***

***James 1:25 But whoso looketh into the perfect law of liberty, and continueth therein, he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed.***