

Lighten Your Load 4

REGRETS

adamantbeliever.com/lightenyourload4.pdf

©2018 G. Craig Works All Rights Reserved

- **Making good decisions will always produce good results. We are commanded by God's Word to do good. Obeying God's commands ensures a good outcome. *Gal. 6:10 As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith.***
- **Intelligent and logical decisions are more ideal than emotionally based decisions. When we think with God's mind instead of our feelings, we will have few regrets. *Rom. 8:7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.***
- **Living for the moment, showing ourselves or our superficial accomplishments will always produce regret later in life. *Prov. 16:25 There is a way that seemeth right unto a man, but the end thereof are the ways of death.***



MAKE GOOD

DECISIONS

- Regret and shame are hard to deal with at times, especially when we knew better and were taught the proper way to go. *James 4:17 Therefore to him that knoweth to do good, and doeth it not, to him it is sin.*
- God always gives us the right way. Whether through the preacher, the Bible or earthly authorities, we have all been presented with the way to escape regret and shame. *1Cor. 10:13 There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.*
- Selfish motives and selfish ambitions are costly. They literally cost us our lives. Though we may enjoy the benefits for a season, we will wreck the lives of our families and friends in the process. *Heb. 11:25 Choosing rather to suffer affliction with the people of God, than to enjoy the pleasures of sin for a season;*



- **Regret will eventually grow into bitterness. When this happens, instead of trying to rectify situations, we hide them and tear down others in the process. *Heb. 12:15 Looking diligently lest any man fail of the grace of God; lest any root of bitterness springing up trouble you, and thereby many be defiled;***
- **Bitterness is miserable so when others have done things the right way and are happy with themselves, misery will cause bitter people to target them with slander, gossip, and even hatred. *Prov. 15:12 A scorner loveth not one that reproveth him: neither will he go unto the wise.***
- **In order to escape regret, we must decide to fix what is wrong by accepting what has happened and deal with it God's way. His grace is sufficient and His mercy endures forever! *Is. 55:7 Let the wicked forsake his way, and the unrighteous man his thoughts: and let him return unto the LORD, and he will have mercy upon him; and to our God, for he will abundantly pardon.***



SUMMARY

We all make mistakes and fall short. Many of us are suffering consequences from bad choices and errors of our pasts. Even when we knew to do right, we didn't and now we are forever paying the price for the natural manifestation of our sins. Fortunately, this is not the end for any of us. God knows exactly what we have done and what we are going to do, yet He still extends grace and mercy to endure it all. He even uses us to reach others and loves us beyond our faults. However, many still feel the regret and shame of their bad decisions daily.

The enemy will keep throwing it in your face to make your load heavier and heavier each day. The mistake many make is that instead of facing it, owning up to it, and correcting things, they hide, pretend, and live in denial about it. This brings more regret and causes you to trust in yourself instead of God's power, to make things better. In order to truly deal with regret and shame, you must come clean and own up to your error. Embrace your faults and repent! Take the truth you are receiving now and apply it so that a new chapter can be written. Do not wallow in self-pity and shame but move forward with your life and stay on the path that God gives you to follow. Your load will become lighter and you will be able to strengthen others in the process.

***Phil. 1:6 Being confident of this very thing,
that he which hath begun a good work in you
will perform it until the day of Jesus Christ:***

