

Lighten Your Load 2

# Bad Friends

[adamantbeliever.com/lightenyourload2.pdf](http://adamantbeliever.com/lightenyourload2.pdf)

©2018 G. Craige Works All Rights Reserved





**Toxic people in your life usually:**

- 1. Want to be you.**
- 2. Hate themselves or their own lives.**
- 3. Believe you feel you are better than them.**

- Good people can be a blessing to have around for encouragement, admonishment, and support. God gives us people to keep us balanced. *Prov. 27:17 Iron sharpeneth iron; so a man sharpeneth the countenance of his friend.*
- The enemy also gives us people. These are the people we bring into our lives that we feel are good for us but do not belong. *1John 4:1 Beloved, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world.*
- People that do not belong in our lives make our load heavy and unbearable at times. Dead weight is much heavier than live weight! *Prov. 13:20 He that walketh with wise men shall be wise: but a companion of fools shall be destroyed.*



- Our own deficits can cause us to embrace the wrong people and struggle with releasing them from our lives. *Prov. 22:24 Make no friendship with an angry man; and with a furious man thou shalt not go:*
- It's very easy to evaluate these people and know that they are detrimental to our race, but because of our own insecurities, we find it hard to separate from them. *Amos 3:3 Can two walk together, except they be agreed?*
- The more untoward people we carry, the less efficient our race becomes. Being drained by others preoccupies us and causes us to neglect the race set before us. *Heb. 12:1 Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us,*



- The enemy will lodge people in our lives and use their opinions to counter God's cloud of witnesses. *Prov. 18:2 A fool takes no pleasure in understanding, but only in expressing his opinion.*
- Some people do not mean you harm but because of their issues, they cannot truly be for you. *2Tim. 3:2 For men shall be lovers of their own selves, covetous, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy,*
- Those that struggle with pride, inferiority complexes, and envy cannot genuinely love and support others. These types of people will not only slow you down but many times they will cost you the race. *John 12:43 for they loved the glory that comes from man more than the glory that comes from God.*



**SUMMARY**

Just as fellowship with like-minded believers and those that are truly of God can strengthen us, fellowship with the wrong people can weaken us. So many believers struggle because of the people they have in their lives. The dead weight of those that do not belong in their lives keeps them from receiving from God and causes them to constantly miss God's mark. When you harbor these types of people in your life, you will become a spiritual underachiever and will continually disappoint yourself and God. Their opinions and actions can change the way you view yourself and how you believe others view you.

Your life can be significantly altered by them if you do not separate and break fellowship with them. God does not intend for you to change everyone and He certainly does not sanction any and everyone to walk with you. A sure way of finding out who belongs in your life is to pray and ask God to remove those that should be moved! Once He does this, you must not pull them back in or interfere with their leaving. Trust God to replace them with people that will help you run your race and win the prize!

*Psa. 1:1 Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.*

*Psa. 1:2 But his delight is in the law of the LORD; and in his law doth he meditate day and night.*