

casting your cares &



- **We must be sure that we are only casting our cares on God and not the works of our flesh. God does not want our sin, He wants us to stop sinning.** *Rev. 3:19 As many as I love, I rebuke and chasten: be zealous therefore, and repent.*
- **Being envious of others causes us to be discontent with what we have. This is not a care, but this is a sin.** *Titus 3:3 For we ourselves also were sometimes foolish, disobedient, deceived, serving divers lusts and pleasures, living in malice and envy, hateful, and hating one another.*
- **When we base our progress on the progress of others, then we will usually get ourselves in a bind. Comparisons and competition may birth cares that God will not accept.** *Phil. 2:3 Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem other better than themselves.*





- **Discontentment causes us to be ungrateful for what we have. We long for things that others have and forget about all that God has done for us.** *James 3:14-15 But if you have bitter jealousy and selfish ambition in your hearts, do not boast and be false to the truth. This is not the wisdom that comes down from above, but is earthly, unspiritual, demonic.*
- **When we feel this way, we are weighed down by envy and jealousy. These sins can cause us to hate others.** *Proverbs 14:30 A tranquil heart gives life to the flesh, but envy makes the bones rot.*
- **When we hate on others because we are envious or jealous of them, we stop our own blessings. We can't come before God's presence in this state.** *1John 4:20 If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God whom he hath not seen?*

- **Discontentment is usually birthed out of low self-worth because of failure or past mistakes. The more errors we make, the more despair we feel.**
1John 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.
- **Envy can cause our faults to be magnified in our own eyes, which may lead us to tear down others in an effort to level the playing field. Though it may momentarily relieve feelings of lowliness, it will hurt others in the end.**
Psa. 101:5 Whoso privily slandereth his neighbour, him will I cut off: him that hath an high look and a proud heart will not I suffer.
- **When we tear down our brothers and sisters just to feel better about our situation, our cares become insurmountable. These types of cares are sins and these sins will rob us of peace and joy.**
1John 2:11 But he that hateth his brother is in darkness, and walketh in darkness, and knoweth not whither he goeth, because that darkness hath blinded his eyes.





Social media, Reality TV and magazines can make other situations look desirable to us. When we begin to compare our lives to the lives of others, it causes us to become envious and jealous. Covetousness will produce discontentment which can cause us to make bad decisions in order to fulfill our desire to have what someone else has. This is a terrible way to live. We cannot base our progress on others and we should never make decisions based on what others are doing. We should avoid conversations that make us unappreciative of what we have and all that God has given us. We should avoid people that promote their lifestyles and parade their additions in front of us. We must stay focused on the life we have in Christ and what He has given us. This will help us to be grateful and come before Him with genuine thanksgiving. God desires to receive our cares but discontentment is born out of sin and that requires repentance!

1 Tim. 6:6 But godliness with contentment is great gain.

1 Tim. 6:7 For we brought nothing into this world, and it is certain we can carry nothing out.

1 Tim. 6:8 And having food and raiment let us be therewith content.

1 Tim. 6:9 But they that will be rich fall into temptation and a snare, and into many foolish and hurtful lusts, which drown men in destruction and perdition.

1 Tim. 6:10 For the love of money is the root of all evil: which while some coveted after, they have erred from the faith, and pierced themselves through with many sorrows.