

The background of the image shows two hands raised in a gesture of prayer or praise against a bright, hazy sky at sunset or sunrise. The sun is low on the horizon, creating a warm, golden glow. The hands are silhouetted against the light, with fingers spread. The overall mood is one of hope, faith, and devotion.

cast your cares 5

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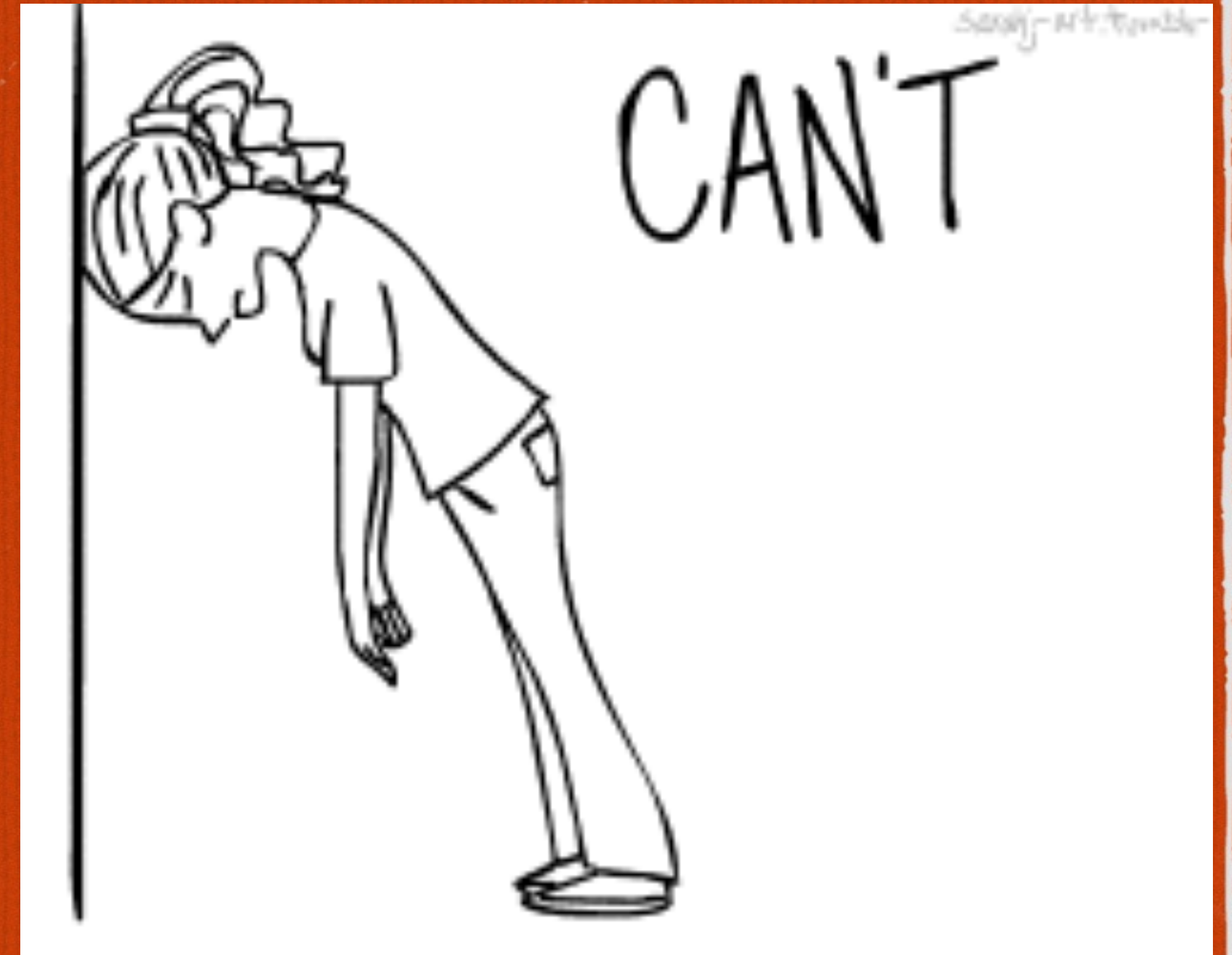
- Casting our cares on God requires faith in Him and trusting Him. *Psa. 112:7 He shall not be afraid of evil tidings: his heart is fixed, trusting in the LORD.*
- It's impossible to cast your cares on Him while worrying about them at the same time. *John 14:1 Let not your heart be troubled: ye believe in God, believe also in me.*
- 'Letting go and letting God' means that you believe that He can handle it. *Heb. 11:6 But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.*





- Faith is crucial if we are to cast our cares and lighten the load we are carrying. Faith moves God to work on our behalf. *Rom. 1:17 For therein is the righteousness of God revealed from faith to faith: as it is written, The just shall live by faith.*
- When we do not grow in faith, we will grow in worry. Lacking faith in God will cause us to be weighed down and spiritually unproductive. *James 1:6 But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed.*
- We will eventually turn our backs on God's plan when we continue to multiply our cares. When a believer lacks faith, he will compromise what he once stood for. *Luke 8:13 They on the rock are they, which, when they hear, receive the word with joy; and these have no root, which for a while believe, and in time of temptation fall away.*

- **God allows our faith to be tried in order to fortify us and make us patient and long-suffering. *James 1:3 Knowing this, that the trying of your faith worketh patience.***
- **Those that endure the tests and trials are strengthened and they are able to trust in God for more and more as they mature. *James 1:4 But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.***
- **But when we are not committed to a fellowship, surrounded by like-minded believers or receiving wise counsel, then our faith will eventually fail under the pressure of trials and our cares will overwhelm us. *Col. 3:16 Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.***



SUMMARY



Many Christians today have undeveloped faith. Just as a child requires natural nourishment, testing, and guidance to grow and mature likewise believers need spiritual nourishment, tests, trials, and counsel to develop properly. We need fellowship with like-minded believers and pastoral teachings to build our faith. This faith is needed to keep our cares from getting too heavy. When we are weighed down, we are ineffective to God and to our families. But when we lack faith to do the things that are required of us, our cares are compounded which makes matters worse. This causes many to give up on what God has called them to do.

When cares are too heavy and our way gets too hard, we must have faith. Faith that God is there, and that He can do what is required in times of trouble. This faith comes when we are fully developed by our commitment to God's Word and the fellowship of like-minded believers. The Word that we receive from our church, the admonishment we receive from our brethren, and the encouragement we receive from watching examples in our lives, builds our faith and confidence so that we can release our cares and carry the burden that God intended. His load is light and will not break us. If we trust in Him we can do it and we will overcome when we have the faith to cast our cares on the Lord.

1Pet. 1:3 Blessed be the God and Father of our Lord Jesus Christ, which according to his abundant mercy hath begotten us again unto a lively hope by the resurrection of Jesus Christ from the dead,

1Pet. 1:4 To an inheritance incorruptible, and undefiled, and that fadeth not away, reserved in heaven for you,

1Pet. 1:5 Who are kept by the power of God through faith unto salvation ready to be revealed in the last time.

1Pet. 1:6 Wherein ye greatly rejoice, though now for a season, if need be, ye are in heaviness through manifold temptations:

1Pet. 1:7 That the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honour and glory at the appearing of Jesus Christ: